

**UCI Internal Medicine Residency  
Pelvic Exam Competency Examination**

Resident Name \_\_\_\_\_ Site \_\_\_\_\_

<b>EXPECTATIONS : Ensuring comfort</b>	<b>Inadequate</b>	<b>Adequate</b>
Explains exam procedure		
Positions patient correctly		
Drapes correctly		
Patient centered approach		
Warns patient prior to the exam maneuvers		
Explains and predicts each element of the exam in process		
<b>External exam</b>	<b>Inadequate</b>	<b>Adequate</b>
Recognizes normal & abnormal findings		
<b>Speculum Exam</b>	<b>Inadequate</b>	<b>Adequate</b>
Understands speculum choices & selects to maximize comfort		
Wears gloves & avoids contact with light sources & other surfaces during the exam		
Inserts & withdraws carefully		
Locates cervix with minimal discomfort		
Recognizes normal & abnormal findings		
<b>Specimen Collection</b>	<b>Inadequate</b>	<b>Adequate</b>
Uses correct sample collection technique with spatula or Broom + brush		
Uses correct sample prep technique for liquid based cytology		
Uses correct technique in obtaining Chlamydia/GC pcr ( 5 – 10 sec in os)		
<b>Bimanual ( when indicated)</b>	<b>Inadequate</b>	<b>Adequate</b>
Lubricates gloved finger		
Assesses cervical motion tenderness		
Uses correct technique to size the uterus		
Effectively examines the adenexa		
Identifies abnormal findings		
Recto – vaginal exam ( if indicated)		

**Comments & Action Items for Remediation. Address all “inadequate” notations.**

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Attending Name

Attending Signature

Date

[ ] Check here if reviewed with the resident.